



# **An American's Resurrection: :My Pilgrimage from Child Abuse and Mental Illness to Salvation**

*Eric C Arauz*

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*"Unputdownable"*

*Writers Digest National Judge Review*

"Compelling, heart-rending, unputdownable all describe Eric C. Arauz's intensely personal battle with brutal child abuse, drug addiction, mental illness and post-traumatic stress syndrome. From the opening paragraphs, which immediately and evocatively thrust the reader into the author's kaleidoscopic perspective while under restraint in a mental hospital to the rollicking end which depicts an almost unthinkable comeback of the author's college football team which he equates to his own life circumstances, every page of this book is laced with love, terror and determination."

Writers Digest

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