



# **Sex and the Soul of a Woman: The Reality of Love and Romance in an Age of Casual Sex**

*Paula Rinehart*

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Recapture Your Heart's Truest Longings Deep in her heart, every woman longs for a man to see her beauty and cherish it. We long to be pursued and courted, and to make love to someone who truly loves us for keeps. Yet today, 'healthy and normal' implies giving ourselves sexually with no expectation of depth, intimacy, or commitment. We're expected to handle our relationships with men with no jealousy when they're threatened, no fear of their ending, and no grief when they do. The proof of our equality with men has become our ability to flatline a broken heart. Compassionate counselor Paula Rinehart understands the high price a woman pays in loosening her sexual boundaries, and the unique role sex plays in forging a bond meant to last a lifetime. She shows you how to break free from the bondage of misused sexuality and how to create a whole new start with men.

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