



# Organic Body Butter Made Easy: Nourish, Hydrate and Heal with Luxurious Homemade Body Butter Recipes

*Karina Wilde*

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## **TIRED OF DRY, ITCHY SKIN??? INSTANTLY NOURISH, HYDRATE AND HEAL YOUR SKIN WITH THESE EASY DO-IT-YOURSELF ORGANIC BODY BUTTER RECIPES**

Dry winters, hot and humid summers, poor diets, and stress contribute to a lifetime of wrinkles as well as dry, itchy skin that lacks luster and elasticity. And with the billion-dollar beauty industry producing chemical-laden products with preservatives and cancer-causing ingredients, it's hard to know where to turn to create healthy and vibrant skin. Well look no further!

You can truly do-it-yourself and create homemade organic body butters that will renew and rejuvenate your skin. All the ingredients in this recipe book are completely organic and fortified to create a better, more healthy you. Learn the science behind your skin, the reasons you're plagued with dry skin and acne, and assist your skin on a cellular level with the perfect ingredients to match your difficulties.

The organic ingredients of the planet can be utilized to personalize your body butters. Therefore, if you're looking to reduce your dry, itchy skin, look to the healing powers of the anti-itch avocado oatmeal recipe. If you're looking for stress relief, look to the brilliant recipes with magnesium, wild sweet orange and jasmine oil. The world caters to your afflictions with countless organic elements. Find tension-relieving remedies and even varicose-vein relief in this extensive body butter recipe book, perfect for any dry winter, hot and humid summer, or simply a stress-filled afternoon.

Making your own body butter is your first-class ticket to ensuring that what you're placing on your skin, your body's greatest defence mechanism and most beautiful element, is completely healthy. You are taking control of your life and your skin cells as you are bathing yourself with beautiful, enriched scents from the earth!

### **HERE ARE SOME OF THE BODY BUTTER RECIPES YOU WILL LEARN TO MAKE:**

Jasmine Dream Green Tea Body Butter

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