



# The Mantox: A women's guide to men and dating

*Lisa Jay*

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# The Mantox: A women's guide to men and dating

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## **The Mantox: A women's guide to men and dating** Lisa Jay

The ultimate self-help dating guide for women. If you're continuously finding yourself in difficult situations, attracting the same douchebags, experiencing mixed signals, and feeling a little confused — which leaves you wondering whether he is into you or if you're just wasting your time — you're not alone. Not to worry ladies, your fairy godmother is here! I've put together a guide to help you as you embark on your dating journey. Throughout this book, I will be sharing some of my personal encounters, along with a helpful guide on how to deal with certain situations — because let's face it, you wouldn't be turning to a self-help guide if you didn't need a little guidance. Find out how to steer clear of Mr. Wrong, Mr. Time-waster and Mr. Good for nothing, and how to keep your eyes peeled for Mr. Right (and keep him wrapped around your little finger).

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