



**Teaching and Learning from the Inside Out:
Revitalizing Ourselves and Our Institutions: New
Directions for Teaching and Learning, Number
130**

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By reclaiming the passions of our hearts and exploring insights and ideas, we begin a remembering of ourselves. As we begin to reclaim our wholeness, we also have the capacity to renew and revitalize our institutions from within.

After a long career of writing and speaking about how living in congruence—without division between inner and outer life—allows for being present with ourselves and those who journey with us, Parker Palmer and colleagues at the Center for Courage & Renewal developed a process of shared exploration. This Circle of Trust® approach encourages people to live and work more authentically within their families, workplaces, and communities.

This issue explores the transformative power of engaging in a Circle of Trust. The authors examine its direct applications to teaching and learning, and they explore and discuss the research being done by the facilitators of this work.

This is the 130th volume of this Jossey-Bass higher education series. *New Directions for Teaching and Learning* offers a comprehensive range of ideas and techniques for improving college teaching based on the experience of seasoned instructors and the latest findings of educational and psychological researchers.

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