



Connecting Happiness and Success

Ray White

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NIEA Winner (Self-Help General), International Book Awards Finalist (Self-Help General and Best New Non-Fiction), Next Generation Indie Book Awards Finalist (How To), NTBF Finalist (Adult Non-Fiction), Notable Indie for Shelf Unbound, and Nominee for Global Ebook Awards. Don't wait until you reach success to become happier! Most of us are relatively happy, but we are also aware of a deep sense that we could be happier. We believe happiness will come when we reach certain goals in our lives like getting married, buying a new home, getting a raise, a promotion, or a new job. So we forego a little happiness today and this week so we can reach those goals sooner. Our challenge is the days and weeks turn into months and years. The goals we thought would make us happy turn out to be just milestones on a long journey, and our happiness does not materialize like we had hoped. Happiness in the form of a deep sense of contentment, satisfaction, and fulfillment seems to be missing. This book will help by providing a clear plan on how to choose happiness and then leverage that happiness to become even more successful. Don't spend your life chasing success and hoping for happiness, learn how to connect happiness and success. **Connecting Happiness and Success** is a guide to creating Success through Happiness. It includes 4 concepts you can implement to become happier and 3 concepts that teach you how to leverage that happiness to be successful. It includes practical applications, examples and activities. From the Foreword: Ray White is now providing clarity on the connection between happiness and success like no one ever has before. His book will not only give you a distinct advantage in your professional pursuits, but, more importantly, in that most elusive pursuit of all ... the pursuit of happiness. So many people go to great lengths to be successful, believing that from success comes happiness. Some cheat their health in exchange for wealth. Others shortchange relationships as they chase down promotions. In the name of "success," many miss life altogether, its lessons, its experiences and its simple pleasures. In this book, Ray shows that happiness actually comes before success, not after it. He spells out how the two are eternally bound, and he walks you through a methodology that will change the way you think about success, and life. Ray lives a life of clarity and conviction. The pages before you make this abundantly clear. His research, experiences and approach are both unique and refreshing. From understanding the differences between pleasure and happiness, to identifying your unique and higher purpose, to defining success in a way that you have never attempted before, this book is a powerfully inspirational gift to anyone who reads it. As you read each page, commit to putting the principles and guidance to use. Let them catapult your results, to another level. Let this be the day that you made happiness a powerful priority. Tony Jeary, The Results Guy

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