



The Patellofemoral Joint in the Athlete

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Patellofemoral disorders are extremely prevalent in athletes and can lead to chronic pain, instability, weakness, and inconsistent or poor athletic performance. These disorders can be difficult to diagnose. Treatment options can vary depending upon several factors, including the sport and the time during the sports season when the symptoms occur. Treatment also varies depending on the age of the patient and their competition level.

The Patellofemoral Joint in the Athlete provides an extensive review of the physical examination, radiographic evaluation, differential diagnoses, and treatment options of common patellofemoral disorders, including patellar chondrosis, pain and instability. The contributors are nationally recognized experts in the patellofemoral joint that treat athletes of all ages and abilities. Appropriate for orthopedic surgeons, sports medicine physicians, rehabilitation physicians and physical therapists, this book is a comprehensive guide to the unique and sport-specific concerns of athletes of all ages and abilities with regard to the patellofemoral joint.

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