



Ready to Restore: The Layman's Guide to Christian Counseling

Jay Edward Adams

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You don't have to be a professional counselor to help people solve problems. But you do have to understand the principles and practices of biblical counseling.

Here is a guide to Christian counseling written specifically for laypeople. Jay E. Adams, a pioneer in the field of counseling, has taken the most essential elements of counseling and packaged them in this thorough but nontechnical volume. The result is neither simplistic nor superficial, but a complete, systematic course, useful for study groups, Bible colleges, church leaders, and individual study.

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