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# **Gratitude Journal: Adult Coloring Book- Life is Beautiful:** Find Happiness with Inspirational Quotes & Journal Prompts (Creative Therapy) (Volume 1)

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- Enjoy 21 Beautiful Illustrations to Color. Includes fun animals, patterns and Positivity quotes
- Quotes about Self-love, Persistence, Spirituality and Life
- Along with 6 engaging Journal prompts for you to reflect on the Gratitude and Happiness in your life
- Printed on Single Sided pages

"Life is Beautiful" is about the celebration of life, self, and love. Created by Anne Bell, Coloring Book Creator and Publisher, she has always been passionate about arts. An artist since early childhood, In the summer of 2014 Anne discovered an online community of adults who loved coloring books. Immediately she wanted to be apart of this fun and exciting community and share her creativity with the world. Now she runs her publishing company BellBooks and creates exciting books for adults.

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