



Reprogram Your Brain For Success In 10 Seconds Or Less (Create A Better Life)

David Clark

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Many self help books take too long to read, require a lot of work to get results, or are too complicated for the layman to understand. This book changes all that. The simple method shown in these pages can be done anywhere and takes no more than ten seconds to do.

I found out this technique by accident and it has turned my life around. I no longer worry about things I can't control and concentrate on bringing good things into my life.

This is only a short book, 1900 words long, it only takes 10 minutes to read, but what you find within its pages has the power to turn your life around.

Although this is the first book in the 'Create A Better Life' series, all of the books will be stand alone and you don't need to buy the others to get the best out of this one.

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