



# The Cleveland Clinic Guide to Heart Failure (Cleveland Clinic Guides)

*Randall Starling MD MPH*

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# The Cleveland Clinic Guide to Heart Failure (Cleveland Clinic Guides)

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**The Cleveland Clinic Guide to Heart Failure (Cleveland Clinic Guides)** Randall Starling MD MPH  
Expert medical advice from the #1 heart center in America for 14 years in a row For the 5 million people with heart failure, there's new reason for hope: recent medical advances have revolutionized how this condition is managed. In *The Cleveland Clinic Guide to Heart Failure*, Dr. Randall Starling, one of the foremost authorities on heart health, provides authoritative advice to help people survive heart failure and enjoy a good quality of life. This comprehensive resource gives readers the cutting-edge medical guidance Dr. Starling offers his patients, including: ·Insight into what causes heart failure ·The latest breakthrough studies - and what those discoveries mean for the future of this disease ·Reliable guidance on diagnostic tests and treatment options ·Personal stories of those who have triumphed over the disease ·Plus, advice on how to live well with a chronic illness Cleveland Clinic's Heart Center has been ranked #1 for heart care in the United States for 14 years in a row, by USNews & World Report. Patients travel from more than 100 countries to receive care.

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