

Lose That Stubborn Baby Weight!: Discover How To Get You Out of Your Frumpy Pregnancy Clothes and Back Into Your Skinny Jeans

Amber Johnson



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Say goodbye to stubborn Post-Pregnancy weight loss. Discover how you too can lose baby weight, banish your baby belly and fit in to your favorite skinny jeans without crash dieting or ever setting foot in a gym. This book will teach you everything you need to know about losing baby weight.

Lose that Stubborn Baby Weight perfectly defines how to really get your body back.

If you're a new mom who doesn't like your new body shape and wants to lose baby weight fast, but can't seem to find the time, the motivation or energy to do anything about it, then this could be the most important book you'll need!

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Connie Deroche:

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Mia Shaw:

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