



Cruise Control: Understanding Sex Addiction in Gay Men

Robert Weiss

Download now

[Click here](#) if your download doesn't start automatically

Cruise Control: Understanding Sex Addiction in Gay Men

Robert Weiss

Cruise Control: Understanding Sex Addiction in Gay Men Robert Weiss

A moment comes for every addict when the consequences are so great or the pain is so bad that the addict's life becomes out of control because of his or her behavior. Some are news making moments, such as the public censure when a congressman, minister, general, or professional athlete is cited for unacceptable sexual behavior. For most people those moments are followed by resolves to "never do it again", but somehow after the promise is made, they often find themselves in the exact same location doing something they vowed to never do again. That is addiction.

And for some, this addiction is more difficult to diagnose than in others. Such is the case for gay men. For some gay men fully committed to open sexual choices and experiences, modifying their sexual behavior and restricting their sexual freedoms is like going back in time and surrendering to homophobic attitudes often found in conservative culture. It just doesn't feel right. After all, the urban gay male culture surrounding him fully supports his sexual exploits as long as the sex is safe. And since gay male sex addicts may not discuss their sexual behavior even with good friends, nobody challenges them on their late-night exploits in unsafe places, their arrest record or brushes with the law, or potential health risks because of their behavior.

The truth is gay male sex addicts are not compulsively sexual because of their sexual orientation, but rather as a consequence of their individual psychological issues and biological predisposition toward addiction. This is exactly the same set of risk factors presented by straight male sex addicts.

Unfortunately, for the gay (sex) addict, his increasingly destructive patterns of behavior take place against a cultural background of dramatically greater sexual and social freedoms than those enjoyed by his heterosexual peers. The single urban gay man who has problems with sex, alcohol, or drugs is in some ways a prisoner of his own freedoms, having fewer cultural opportunities for self-examination and less cultural support for behavior change than does an average heterosexual male.

Finally, there is a resource that can help gay men determine if they are indeed a sex addict and whether or not they are willing to explore behavior change because of their sexual behavior.

Robert Weiss, LCSW, CSAT-S, is director of sexual disorders services for Elements Behavioral Health and founding director of The Sexual Recovery Institute, an outpatient sexual addiction treatment center in Los Angeles, California. His media appearances include ESPN, The Discovery Channel, the *Today* show, *The Oprah Winfrey Show*, *Anderson Cooper 360°*, and *Dateline NBC*.

 [Download Cruise Control: Understanding Sex Addiction in Gay ...pdf](#)

 [Read Online Cruise Control: Understanding Sex Addiction in G ...pdf](#)

Download and Read Free Online Cruise Control: Understanding Sex Addiction in Gay Men Robert Weiss

From reader reviews:

James Crow:

Book is written, printed, or created for everything. You can learn everything you want by a book. Book has a different type. To be sure that book is important point to bring us around the world. Adjacent to that you can your reading ability was fluently. A guide Cruise Control: Understanding Sex Addiction in Gay Men will make you to become smarter. You can feel far more confidence if you can know about everything. But some of you think in which open or reading some sort of book make you bored. It is far from make you fun. Why they could be thought like that? Have you searching for best book or appropriate book with you?

James Fletcher:

The experience that you get from Cruise Control: Understanding Sex Addiction in Gay Men will be the more deep you looking the information that hide inside the words the more you get interested in reading it. It does not mean that this book is hard to be aware of but Cruise Control: Understanding Sex Addiction in Gay Men giving you enjoyment feeling of reading. The article writer conveys their point in a number of way that can be understood by anyone who read the idea because the author of this publication is well-known enough. This particular book also makes your own vocabulary increase well. So it is easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this specific Cruise Control: Understanding Sex Addiction in Gay Men instantly.

Darla Kemp:

This book untitled Cruise Control: Understanding Sex Addiction in Gay Men to be one of several books in which best seller in this year, honestly, that is because when you read this reserve you can get a lot of benefit in it. You will easily to buy that book in the book shop or you can order it via online. The publisher with this book sells the e-book too. It makes you easier to read this book, since you can read this book in your Cell phone. So there is no reason for you to past this book from your list.

Larry Gregg:

Reading a reserve make you to get more knowledge as a result. You can take knowledge and information from the book. Book is composed or printed or descriptive from each source that will filled update of news. In this particular modern era like now, many ways to get information are available for a person. From media social like newspaper, magazines, science e-book, encyclopedia, reference book, fresh and comic. You can add your knowledge by that book. Are you hip to spend your spare time to spread out your book? Or just seeking the Cruise Control: Understanding Sex Addiction in Gay Men when you needed it?

**Download and Read Online Cruise Control: Understanding Sex
Addiction in Gay Men Robert Weiss #BGXM4DQZ9HY**

Read Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss for online ebook

Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss books to read online.

Online Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss ebook PDF download

Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss Doc

Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss Mobipocket

Cruise Control: Understanding Sex Addiction in Gay Men by Robert Weiss EPub