



While Sipping Green Tea: One Woman's Reflections on Awakening

Petra Valica

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Wake up, and cease your sleep. After years of not fully living life, climbing an illusionary corporate ladder, and recovering from a failed marriage, a sudden insight and a fated encounter lead to an amazing journey of finding one's higher self. This is a true story of one woman's awakening, where we are taken along a path filled with both its challenging struggles and its blissful joys. A dare from a friend and a meeting with a guide begins an unexpected and life-changing journey toward seeing life anew and finding inner peace. Through reflections while sipping green tea, we unravel our conditioning and answer the question "Who made you" Each lesson moves you through such themes as sadness, struggle, celibacy, Tantra, selflessness, and a final encounter with birth. The beginning is an end as the end is only the beginning. Sip your green tea as if it's the last moment in your life. Have you ever thought you could be awakened? We all can, if we step outside our illusion and embrace life in a new way.

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