



The Shadow Effect: Illuminating the Hidden Power of Your True Self

Deepak Chopra, Marianne Williamson, Debbie Ford

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In this groundbreaking exploration, three New York Times bestselling authors—Debbie Ford (The Dark Side of the Light Chasers, Why Good People Do Bad Things), Marianne Williamson (The Age of Miracles, A Return to Love), and Deepak Chopra (Jesus: A Story of Enlightenment)—deliver a comprehensive and practical guide to harnessing the power of our dark side.



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