



The Bare Minimum: Donatelli Shoulder Method Assessment and Treatment 2nd Edition

Donn Dimond PT, Robert Donatelli PT

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The Bare Minimum: Donatelli Shoulder Method is an evidence based book that describes the assessment and treatment techniques of Dr. Robert Donatelli and Donn Dimond. It includes mobility testing, strength tests, and special tests along with mobilization techniques and exercises for treating shoulder pathophysiology.

This new 2nd edition includes 10 new exercises, treatment techniques and their corresponding page numbers for certain impairments, and new mobility testing positions. While it has been created as a companion guide to Dr. Donatelli's course: Donatelli's Pathophysiology and Mechanics of the Shoulder with Lab, most will find it useful as an adjunct to their current practice model.

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