



# Medicine for the Outdoors: The Essential Guide to First Aid and Medical Emergencies, 6e

*Paul S. Auerbach MD MS FACEP FAWM*

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Since 1986, *Medicine for the Outdoors* has been hailed as the definitive take-along manual on the subject. Packed with step-by-step instructions and how-to explanations, this updated edition tells you the best way to respond to just about any medical problem. Logically organized, simple-to-understand enhanced illustrations and an increased focus on new topics mean this medical reference book may literally save your life. Whether you're venturing into mountains, deserts, forests, or out to sea, it belongs in your pack! "A comprehensive guide to basically anything that could go wrong, or needs to be medically managed whilst in out and about." Reviewed by: Dr Stevan R Bruijns, Senior Lecturer in Emergency Medicine at University of Cape Town Date: July 2015

- **Examine the most diverse and comprehensive coverage** of medical conditions related to the outdoors.
- **Be guided through logical and complete explanations** of every topic.
- **Enhance your understanding** with descriptive material including numerous drawings and instructions.
- **Research recommendations** for injury and illness prevention.
- **Locate answers quickly** with a helpful comprehensive index.
- **Clearly visualize how to perform specific treatments**, such as the use of a SAM® splint, with an increased number of helpful illustrations.
- **Stay abreast of the latest in emergency medicine care**, including new antibiotics, medicines, products to control bleeding, and today's most common infectious disease threats.
- **Enhance your understanding** of Lyme disease; water disinfection; emerging diseases (including West Nile Virus); and how to seek safety and act during natural disasters.
- **Take advantage of Dr. Auerbach's expert guidance** with revised recommendations on high-altitude problems, drowning, airways management, toxic plants, and snake bites.
- **Access new appendices** covering AIDS/HIV transmission, expanded treatment instructions, global conflict guidelines (including terrorism), and canine medicine.
- **Expert Consult eBook version included with purchase.** This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices.

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